

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019



								<p>9:30 Sit & Be Fit 1</p> <p>10:30 Reminisce (GR)</p> <p>1:00 Worship & Bible Study w/ Pastor Cheryl</p> <p>2:15 French Speaking Group (GR)</p> <p>2:30 Seamstress (FF)</p> <p>3:30 Sing Along w/ Martha</p> <p>6:30 Card Games (GR)</p>		<p>10:30 Sit & Be Fit 2</p> <p>11:00 Dog Visits (GR)</p> <p>1:00 Word Search w/ Joan (3rd CK)</p> <p>1:30 Bridge (FF)</p> <p>4:00 Happy Hour (GR)</p> <p>6:30 Bingo w/ Bernie (3rd CK)</p> <p style="text-align: right;">Groundhog Day</p>			
<p>10:00 Catholic Church 3</p> <p>10:30 Sit & Be Fit</p> <p>2:00 Sunday Social w/ Captain Al's "Name That Tune" Game & Veggie Tray Served (GR)</p> <p>3:30 Scrabble</p> <p>6:30 LCR w/ Charlotte</p>		<p>9:30 Sit & Be Fit 4</p> <p>10:30 Reminisce</p> <p>1:30 Scrabble (GR)</p> <p>2:00 Bingo (DR)</p> <p>3:30 Time Traveler's Music Rehearsal (GR)</p> <p>7:00 Movies & Popcorn</p>		<p>9:30 Sit & Be Fit 5</p> <p>10:00 Trivia Game (GR)</p> <p>11:00 Chat w/ Tony</p> <p>2:00 Visiting Artist (3rd CK)</p> <p>3:30 Champagne Night (GR)</p> <p>6:30 Card Games (GR)</p> <p style="text-align: center;">Chinese New Year</p>		<p>9:30 Sit & Be Fit 6</p> <p>10:30 Manicures (3rd CK)</p> <p>1:30 Scrabble (GR)</p> <p>2:00 Bingo (DR)</p> <p>3:30 Indoor Sports (GR)</p> <p>7:00 Bridge (GR)</p>		<p>9:30 Sit & Be Fit 7</p> <p>10:00 Shopping At Hannaford's</p> <p>1:30 Enrichment Meeting w/ Root Beer Floats (GR)</p> <p>3:30 Social Hour (GR)</p> <p>6:30 LCR w/ Charlotte</p>		<p>9:30 Sit & Be Fit 8</p> <p>10:30 Reminisce</p> <p>1:00 Worship & Bible Study w/ Pastor Cheryl</p> <p>2:15 French Speaking Group (GR)</p> <p>2:30 Seamstress (FF)</p> <p>3:30 Sing Along w/ Martha</p> <p>6:30 Card Games (GR)</p>		<p>10:30 Sit & Be Fit 9</p> <p>11:00 Dog Visits (GR)</p> <p>1:00 Word Search w/J Joan (3rd CK)</p> <p>1:30 Bridge (FF)</p> <p>4:00 Happy Hour</p> <p>6:30 Bingo w/ Peggy (3rd CK)</p>	
<p>10:00 Catholic Church 10</p> <p>10:30 Sit & Be Fit</p> <p>2:00 Sunday Social w/ The Occasional Jug Band & Ice Cream (GR)</p> <p>3:30 Scrabble (GR)</p> <p>6:30 LCR w/ Charlotte (GR)</p>		<p>9:30 Sit & Be Fit 11</p> <p>10:30 Sunapee Library</p> <p>1:30 Scrabble (GR)</p> <p>2:00 Bingo (DR)</p> <p>3:30 Black Jack (GR)</p> <p>7:00 Movies & Popcorn</p>		<p>9:30 Sit & Be Fit 12</p> <p>10:00 Reminisce (GR)</p> <p>11:00 Chat w/ Sue (GR)</p> <p>2:00 Visiting Artist (3rd CK)</p> <p>3:30 Champagne Night (GR)</p> <p>6:30 Card Games (GR)</p>		<p>9:30 Sit & Be Fit 13</p> <p>10:30 Floral Arranging 3rd CK</p> <p>2:00 John Lovejoy Music</p> <p>3:30 Indoor Sports (GR)</p> <p>6:30 Bingo 3rd CK</p> <p>7:00 Bridge (GR)</p>		<p>Valentine's Day 14</p> <p>9:30 Sit & Be Fit</p> <p>10:00 Shopping at Colonial</p> <p>2:00 Valentine's Day Chocolate Fondue Social (3rd CK)</p> <p>3:30 Social Hour (GR)</p> <p>6:30 LCR w/ Charlotte (GR)</p> <p style="text-align: center;">Valentine's Day</p>		<p>9:30 Sit & Be Fit 15</p> <p>10:30 Reminisce</p> <p>1:00 Worship & Bible Study w/ Pastor Cheryl</p> <p>2:15 French Speaking Group (GR)</p> <p>2:30 Seamstress (FF)</p> <p>3:30 Sing Along w/ Martha</p> <p>6:30 Card Games (GR)</p>		<p>10:30 Sit & Be Fit 16</p> <p>11:00 Dog Visits (GR)</p> <p>1:00 Word Search w/J Joan (3rd CK)</p> <p>1:30 Bridge (FF)</p> <p>4:00 Happy Hour</p> <p>6:30 Bingo w/ Bernie(3rd CK)</p>	
<p>Vitals Clinic 9am to 9 pm 17</p> <p>10:00 Catholic Church</p> <p>10:30 Sit & Be Fit</p> <p>2:00 Sunday Social w/ Richard King & Veggie Tray Served (GR)</p> <p>3:30 Scrabble (GR)</p> <p>6:30 LCR w/ Charlotte (GR)</p>		<p>Presidents' Day 18</p> <p>9:30 Sit & Be Fit</p> <p>10:00 Hannaford's Shopping</p> <p>1:30 Scrabble (GR)</p> <p>2:00 Bingo (DR)</p> <p>3:30 President's Day Social (3rd CK)</p> <p>7:00 Movies & Popcorn</p> <p style="text-align: center;">Presidents' Day (US)</p>		<p>9:30 Sit & Be Fit 19</p> <p>10:00 Reminisce (GR)</p> <p>11:00 Chat w/ Tony</p> <p>2:00 Visiting Artist (3rd CK)</p> <p>3:30 Champagne Night (GR)</p> <p>6:30 Card Games (GR)</p>		<p>9:30 Sit & Be Fit 20</p> <p>10:30 Manicures (3rd CK)</p> <p>2:00 Martha Mitchell Music (GR)</p> <p>3:30 Indoor Sports (GR)</p> <p>6:30 Bingo (3rd CK)</p> <p>7:00 Bridge (GR)</p>		<p>9:30 Sit & Be Fit 21</p> <p>10:00 Scrabble (GR)</p> <p>2:00 Sunapee Historical Society Speaker (GR)</p> <p>3:30 Social Hour (GR)</p> <p>6:30 LCR w/ Charlotte (GR)</p>		<p>Happy Birthday, Norma!! 22</p> <p>9:30 Sit & Be Fit</p> <p>10:30 Reminisce</p> <p>1:00 Worship & Bible Study w/ Pastor Cheryl</p> <p>2:15 French Speaking Group (GR)</p> <p>2:30 Seamstress (FF)</p> <p>3:30 Sing Along w/ Martha</p> <p>6:30 Card Games (GR)</p>		<p>10:30 Sit & Be Fit 23</p> <p>11:00 Dog Visits (GR)</p> <p>1:00 Word Search w/J Joan (3rd CK)</p> <p>1:30 Bridge (FF)</p> <p>4:00 Happy Hour</p> <p>6:30 Bingo w/ Peggy (3rd CK)</p>	
<p>10:00 Catholic Church 24</p> <p>10:30 Sit & Be Fit</p> <p>2:00 Sunday Social w/ David Thron & Ice Cream (GR)</p> <p>3:30 Scrabble (GR)</p> <p>6:30 LCR w/ Charlotte (GR)</p>		<p>9:30 Sit & Be Fit 25</p> <p>10:30 Sunapee Library</p> <p>1:30 Scrabble (GR)</p> <p>2:00 Bingo (DR)</p> <p>7:00 Movies & Popcorn</p>		<p>9:30 Sit & Be Fit 26</p> <p>10:00 Reminisce (GR)</p> <p>11:00 Chat w/ Tony</p> <p>2:00 Visiting Artist (3rd CK)</p> <p>3:30 Champagne Night (GR)</p> <p>6:30 Card Games</p>		<p>9:30 Sit & Be Fit 27</p> <p>10:30 Floral Arranging (3rd CK)</p> <p>1:30 Scrabble (GR)</p> <p>2:00 Bingo (DR)</p> <p>3:30 Indoor Sports (GR)</p> <p>7:00 Bridge (GR)</p>		<p>Hat Day at the Cove! 28</p> <p>9:30 Sit & Be Fit</p> <p>10:00 Shopping at Hannaford's</p> <p>12:00 Resident Birthday Cake (DR)</p> <p>2:00 Jan Rosen Music (GR)</p> <p>3:30 Social Hour (GR)</p> <p>6:30 LCR w/ Charlotte (GR)</p>		<p>Staff Birthdays: Julie 2/8; Barbara 2/9; Annette 2/25</p> <p>Activities may be changed or re-scheduled at any time. Please contact Carol or Peg w/any questions. (603)763-1508</p> <p>CK- Country Kitchen, GR-Great Room, FF- Front Foyer, DR- Dining Room</p>			