

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

Reflections Neighborhood

10:00 Mandala Art 1
 11:00 Sister Betty - 1
 1:00 Famous Firsts!
 2:00 Triple Treat Trivia
 3:00 New Years Social
 4:00 Music with DA
 6:30 Evening Movie
 HAPPY★NEW★YEAR

10:00 Communion w/Rita 2
 10:30 Rosary
 11:00 Yoga Mary - 2
 1:00 Junk Drawer Detective
 2:00 Sing A Long w/Aida
 3:00 Hot Cocoa Social
 4:00 Random Trivia
 6:30 Evening News

10:00 Morning Stretch 3
 11:00 Thursday Categories
 1:00 FROST BINGO
 2:30 Bill Reidy - 1
 3:00 Cookie Social
 4:00 Searching for January
 6:30 Cards Anyone?

10:00 Chair Aerobics 4
 11:00 Table Setters
 1:00 Up Jenkins w/DA
 2:00 Keep Your Brain Young
 3:00 Wine & Cheese
 4:00 Sing A Long w/DA
 6:30 Mandala Art

10:00 Morning News 5
 11:00 Sit & Stretch
 1:00 Dodi & Walter Pet Therapy
 2:00 My First Pet Memories
 3:00 Fresh Fruit Social
 4:00 Highlands Rocks
 6:30 Movie Night

10:00 Daily Chronicle 6
 11:00 Mass on TV ch. 6
 1:00 Sunday Spa Day
 2:00 Afternoon Stretch
 3:00 Coffee Break
 4:00 Highlands Rocks
 6:30 Hidden Words

10:00 Move & Groove 7
 11:00 Jack in the Box
 1:00 Sing A Long w/Aida
 2:30 Todd Hargraves - 2
 3:30 Cool Drink Social
 4:00 MLK Word Search
 6:30 Puzzle Time

10:00 Sit & Stretch 8
 11:00 Father Eddie - 1
 1:00 Who Said It?
 2:00 Oxymorons
 3:00 Celebrate Joy Germ
 4:00 January Birthdays
 6:30 Movie Night

10:00 Communion w/Rita 9
 10:30 Rosary
 11:00 Yoga Mary - 2
 1:00 Burton Morris Pop Art
 2:00 Animals Word Changer
 3:00 Apple Sauce Social
 4:00 Crosswords
 6:30 Evening News

10:00 Arthritis Exercise 10
 11:00 Sing A Long w/Aida
 1:00 Last Chip Standing
 2:30 Joanie Sherlock - 1
 3:30 Coffee Break
 4:00 Word Search
 6:30 Mandala Art

10:00 Sit & Be Fit 11
 11:00 Table Setters
 1:00 Brain Teasers
 2:00 Keep Your Brain Young
 3:00 Wine & Cheese
 4:00 Name That Tune
 6:30 Friday Night Bingo

10:00 News Chat 12
 11:00 Fun Folders
 1:00 Afternoon Stretch
 2:00 Table Games
 3:00 Tea Time
 4:00 Word Search
 6:30 Movie Night

10:00 Morning News 13
 11:00 Mass on TV ch. 6
 1:00 Sunday Spa Day
 2:00 Fun Folders
 3:00 Cookie Social
 4:00 Crosswords
 6:30 Cards Anyone?

10:00 Morning Stretch 14
 11:00 Sing A Long w/Aida
 1:00 Dream Boards Collage
 2:00 Twin Words
 3:00 Iced Tea Social
 4:00 Junk Drawer Detective
 6:30 Evening Stretch

10:00 Audrey Green - 2 15
 11:00 Sister Betty - 1
 1:00 Finish the Lines
 2:30 Pastor Kevin - 1
 3:30 Neighbor Chat Social
 4:30 Mind Joggers
 6:30 Fun Folders

10:00 Communion w/Rita 16
 10:30 Rosary
 11:00 Yoga Mary - 2
 1:00 Easy Weave Coasters
 2:00 Categories
 3:00 H2O Break
 4:00 Challenging Maze
 6:30 Evening Bingo

10:00 Arthritis Exercise 17
 11:00 January IQ Test
 1:00 Clothing Word Blocks
 2:00 Sing A Long w/Aida
 3:00 Hot Cocoa Social
 4:00 Highlands Rocks
 6:30 Vinyl Records

10:00 Daily Chronicle 18
 11:00 We Love Exercise
 1:00 You Be the Judge
 2:30 Tom Sullivan - 1
 3:30 Wine & Cheese
 4:00 Music w/DA
 6:30 Friday Movie

10:00 Chair Aerobics 19
 11:00 Horoscopes
 1:00 FROST BINGO
 2:00 What's in a Word?
 3:00 Coffee Break
 4:00 Fun Folders
 6:30 Mandala Art

10:00 Horoscopes 20
 11:00 Mass on TV ch. 6
 1:00 Sunday Spa Day
 2:00 Last Chip Standing
 3:00 Tea Time
 4:00 Hidden Words
 6:30 Crosswords

10:00 Reading Round Table 21
 11:00 MLK Word Jumble
 1:00 MLK Unscramble
 2:00 Tai Chi Bob - 2
 3:00 MLK Trivia Social
 4:00 Hidden Words
 6:30 Evening News
 Martin Luther King Day
 Tu B'Shevat

10:00 Morning Stretch 22
 11:00 Sister Betty - 1
 1:00 Remembering MLK
 2:00 Name 12
 3:00 Tea Time Snack
 4:00 Hymn Sing
 6:30 Evening Bingo

10:00 Communion w/Rita 23
 10:30 Rosary
 11:00 Yoga Mary - 2
 1:00 Who Made Us Laugh
 2:30 Bobby B - 1
 3:30 Banana Social
 4:00 Hobby Trivia
 6:30 Checkers

10:00 Deb Celetti - 1 24
 11:00 Morning Stretch
 1:00 Sing A Long w/Aida
 2:00 Bocce
 3:00 Ice Cream Float Social
 4:00 Categories
 6:30 Hidden Words

10:00 Horoscopes 25
 11:00 Sit & Be Fit
 1:00 You Be the Judge
 2:00 Keep Your Brain Young
 3:00 Wine & Cheese
 4:00 States Trivia
 6:30 Evening Stretch

10:00 Morning News 26
 11:00 Table Setters
 1:00 Fun Folders
 2:00 Hangman
 3:00 Cool Drink Social
 4:00 Trivia Challenge
 6:30 Nightly News

10:00 Daily Chronicle 27
 11:00 Mass on TV ch. 6
 1:00 Sunday Spa Day
 2:00 Unscramble
 3:00 Coffee Break
 4:00 My Favorite Song
 6:30 Crosswords

10:00 Morning Stretch 28
 10:30 Wisdom For Living - 2
 11:00 Table Setters
 1:00 Sing A Long w/Aida
 2:00 Bocce
 3:00 Milk and Cookies
 4:00 Hobbies Trivia
 6:30 Cards Anyone?
 Australia Day (observed)

10:00 Stretch it Out 29
 11:00 Sister Betty - 1
 1:00 Attic Treasures
 2:00 Facts & Curiosities
 3:00 Popcorn Snack
 4:00 Happy Birthday Mozart
 6:30 Table Games

10:00 Communion w/Rita 30
 10:30 Rosary
 11:00 Yoga Mary - 2
 1:00 Who, What, When
 2:00 Self Portraits
 3:00 Hot Cocoa Social
 4:00 Music Appreciation
 6:30 TV Time

10:00 Reading Round Table 31
 11:00 Chair Aerobics
 1:00 Sing A Long w/Aida
 2:00 What's in a Word?
 3:00 Root Beer Floats
 4:00 Categories
 6:30 News Chat

THE HIGHLANDS
 ON THE EAST SIDE
 Assisted Living & Memory Care