

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2018



# Reflections Neighborhood

|  |  |   |   |   |  |   |
|--|--|---|---|---|--|---|
| <p>10:00 Morning Stretch 4<br/>11:00 Mass on TV ch.6<br/>1:00 Manicures<br/>2:00 Horoscopes<br/>3:00 Ice Cream Social<br/>4:00 Hidden Words<br/>8:00 PATRIOTS</p> <p>Daylight Saving Time Ends</p>   | <p>10:00 7 Minute Workout 5<br/>11:00 Current Events<br/>1:00 Singing w/Aida<br/>2:00 Turkey Tail Bingo<br/>3:00 Apple Social<br/>4:00 Afternoon Stretch<br/>8:00 Dancing with the Stars</p>                                   | <p>10:00 Arthritis Exercise 6<br/>11:00 Sister Betty - 1<br/>1:00 Opinion Poll<br/>2:30 John Scotty - 1<br/>3:30 Cool Drinks<br/>4:00 Hymn Sing w/DA<br/>8:00 The Voice</p>                           | <p>10:00 Communion &amp; Rosary 7<br/>11:00 Yoga Mary - 2<br/>1:00 Chip in the Cup<br/>2:00 Banana Sandwiches<br/>3:00 Trivia Social<br/>4:00 Unscramble<br/>8:00 Survivor</p>            | <p>10:00 Sit &amp; Be Fit 1<br/>11:00 Daily Chronicle<br/>1:00 Chip in the Cup<br/>2:30 Marc Cutler - 2<br/>3:00 Apple Cider Social<br/>4:00 Turkey Tail Bingo<br/>6:00 Fun Folders</p>   | <p>10:30 Nicolas King - 1 2<br/>11:30 Look For Circles Day<br/>1:00 Attic Treasures<br/>2:00 Keep Your Brain Young<br/>2:30 Who Said It?<br/>3:00 Wine &amp; Cheese<br/>4:00 Music w/DA<br/>6:00 Cards Anyone?</p> | <p>10:00 Arthritis Exercise 3<br/>11:00 Current Events<br/>1:00 Bingo<br/>2:00 Fun Folders<br/>3:00 Cool Drinks<br/>4:00 Mandala Art<br/>6:00 Vinyl Records</p>                               |
| <p>10:00 Vets Day Chronicle 11<br/>11:00 A Veteran's Day Discussion<br/>1:00 PATRIOTS<br/>1:00 Poppy Field Collage<br/>2:00 Chip in the Cup<br/>3:00 Veterans Social<br/>4:00 Veterans Fun Folders</p> <p>Veterans Day (US)<br/>Remembrance Day (Canada)</p> | <p>10:00 Sit &amp; Be Fit 12<br/>11:00 News Chat<br/>1:00 Monday Manicures<br/>2:00 Pizza Day Baking<br/>3:00 Apple Cider Social<br/>4:00 Bingo<br/>8:00 Dancing with the Stars</p>  | <p>10:00 Morning Stretch 13<br/>11:00 Father Eddie - 1<br/>1:00 Jumbo Quiz<br/>2:00 Name 12<br/>2:30 Ray Renzi - 1<br/>3:30 Cranberry Punch Social<br/>4:00 Pilgrim Trivia<br/>6:00</p>               | <p>10:00 Communion &amp; Rosary 14<br/>11:00 Yoga Mary - 2<br/>1:00 Balloon Hockey<br/>2:00 Painting w/Aida<br/>3:00 Coffee Break Social<br/>4:00 Singing w/Aida<br/>8:00 Survivor</p>    | <p>10:00 7 Minute Workout 15<br/>11:00 Horoscopes<br/>1:00 Reading Round Table<br/>2:30 Lou Leeman - 1<br/>3:30 Trivia Social<br/>4:00 Hangman<br/>7:00 Wheel of Fortune</p>  | <p>10:00 Arthritis Exercise 16<br/>11:00 Cross Words<br/>1:00 Thanksgiving Trivia<br/>2:00 Keep Your Brain Young<br/>2:30 Mind Joggers<br/>3:00 Wine &amp; Cheese<br/>4:00 Music w/DA<br/>6:00 Movie Night</p>     | <p>10:00 Morning Stretch 17<br/>11:00 Trivia Challenge<br/>1:00 Bingo<br/>2:00 Mandala Art<br/>3:00 Apple Social<br/>4:00 Hidden Words<br/>6:00 Puzzle Time</p>                               |
| <p>10:00 Arthritis Exercise 18<br/>11:00 Mass on TV ch.6<br/>1:00 Bingo<br/>2:00 Fun Folders<br/>3:00 Sunday Sundaes<br/>4:00 Mandala Art<br/>6:00 Movie Time</p>  | <p>10:00 7 Minute Workout 19<br/>11:00 Horoscopes<br/>1:00 Monday Manicures<br/>2:00 Tai Chi Bob - 2<br/>3:00 Apple Social<br/>4:00 Categories<br/>8:00 Dancing with the Stars</p>   | <p>10:00 Forever Fit 20<br/>11:00 Sister Betty - 1<br/>1:00 Stories of Gratitude<br/>2:30 Pastor Kevin - 1<br/>2:30 Marcus Ferelli - 2<br/>3:30 Cool Drinks<br/>4:00 Triple Treat Trivia<br/>6:00</p> | <p>10:00 Communion &amp; Rosary 21<br/>11:00 Yoga Mary - 2<br/>1:00 Turkey Tail Bingo<br/>2:00 Unscramble<br/>3:00 Cranberry Punch Social<br/>4:00 Thank Categories<br/>8:00 Survivor</p> | <p>9:00 Macy's Parade 22<br/>10:00 Sit &amp; Be Fit<br/>11:00 Mixed Up Thanksgiving<br/>1:00 Thanksgiving Word Search<br/>2:00 Thanksgiving Scrabble<br/>3:00 Apple Cider Social<br/>4:00 Festive Fixin's Detective<br/>6:00 Movie Night</p> <p>Thanksgiving Day (US)</p> | <p>10:00 Morning Stretch 23<br/>11:00 News Chat<br/>1:00 Turkey Tail Bingo<br/>2:00 Balloon Hockey<br/>3:00 Wine &amp; Cheese<br/>4:00 Giving Categories<br/>6:00 Evening Movie</p>                                | <p>10:00 Saturday Spa Day 24<br/>11:00 Daily Chronicle<br/>1:00 Chip in the Cup<br/>2:30 Marc Deschenes - 2<br/>3:00 Coffee Break Social<br/>4:00 Trivia Challenge<br/>6:00 Cards Anyone?</p> |
| <p>10:00 7 Minute Workout 25<br/>11:00 News Chat<br/>1:00 PATRIOTS<br/>2:00 Aida's Craft Time<br/>3:00 Ice cream Social<br/>4:00 Afternoon Stretch<br/>6:00 Fun Folders</p>  | <p>10:00 Sit &amp; Be Fit 26<br/>10:30 Wisdom for Living<br/>11:30 Table Setters<br/>1:00 Chip in the Cup<br/>2:00 Charades<br/>3:00 Cranberry Punch Social<br/>4:00 Animal Food Name Game<br/>8:00 Dancing with the Stars</p> | <p>10:00 Arthritis Exercise 27<br/>11:00 Sister Betty - 1<br/>1:00 Talk Topics<br/>2:00 Break the Ice<br/>3:00 Trivia Social<br/>4:00 Mystery Bag<br/>6:00 Unscramble</p>                             | <p>10:00 Communion &amp; Rosary 28<br/>11:00 Yoga Mary - 2<br/>1:00 Trivia Challenge<br/>2:00 Chip in the Cup<br/>3:00 Cool Drinks<br/>4:00 Afternoon Stretch<br/>8:00 Survivor</p>       | <p>10:00 Forever Fit 29<br/>11:00 Daily Chronicle<br/>1:00 Singing w/Aida<br/>2:00 Family Dinner Discussion<br/>3:00 Apple Social<br/>4:00 Reading Round Table<br/>6:00 Joel Beauchman - 2</p>  | <p>10:00 Morning Stretch 30<br/>11:00 Horoscopes<br/>1:00 Name 12<br/>2:00 You Be The Judge<br/>2:30 Keep Your Brain Young<br/>3:00 Wine &amp; Cheese<br/>4:00 Music w/DA<br/>6:00 Cards Anyone?</p>               | <p>Happy Thanksgiving</p>   |