

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|--|--|--|
| 10:00 News Chat 1 10:30 Pokeno 1:00 Let's Make Tapioca 2:00 Movie Trivia 3:00 Tapioca Social 3:30 Afternoon Stretch 4:00 Bocce 8:00  | 10:00 Move & Groove 2 10:30 Monday Manicures 11:30 Dear Abby 1:00 Bingo 2:00 Discuss & Recall 2:30 Work Out w/Toba - 2 3:00 Hangman w/Deanna 4:00 Daily Chronicle 7:00  | 10:00 Morning Exercise 3 10:30 News Chat 11:00 Sister Betty - 1 1:00 Nickels 2:30 Rudy & Linda - 2 3:30 What's in a Word? 4:30 News Chat 7:30 JEOPARDY! | 10:00 Communion + 11:00 Yoga Mary - 2 11:00 July 4th Memories 1:00 BEACH PARTY 2:00 Mixed Up July 4th 3:00 Patio Games 4:00 4 th of July Trivia 6:30 Macys Fireworks on NBC | 10:00 Arthritis Exercise 5 10:30 Current Events 11:00 Black Jack 1:00 Bikini Trivia 2:30 Bud Pistachio - 1 3:30 Bocce 4:30 Relaxing Music 6:30 Elvis in Hawaii | 10:00 Let's Stretch 6 10:30 Nickels 11:30 July Categories 1:00 Shopping w/Cindy 2:00 Scrabble 3:00 Wine & Cheese 4:00 Chromecast Adventures 6:30 Fireplace Films | 10:00 Stretch It Out 7 10:30 Resident Choice Bingo 1:00 Trivia Challenge 2:00 Left Right Center 3:00 Unscramble 4:00 Horoscopes 7:00  |
| 10:00 Morning Exercise 8 10:30 Sunday Spa Day 1:00 Binao 2:00  2:00 Audio Book Club 3:00 What's Next???? 4:00 Daily Chronicle 6:30 Evening Scrabble | 10:00 Morning Exercise 9 10:30 Horoscopes 11:00 Black Jack 1:00 Shopping w/Cindy 2:30 Work Out w/Toba - 2 3:00 Nickels 4:00 Daily Chronicle 7:00  | 10:00 Sit & Be Fit 10 10:30 News Chat 11:00 Father Eddie - 1 1:00 Magazine Scavenger Hunt 2:00 Bocce 3:00 Unscramble 4:00 Quick Trivia 6:30 Wet Paint - 2 | 10:00 Communion 11 11:00 Yoga Mary - 2 11:00 Left Right Center 1:00 Trivia Challenge 2:00 Pokeno 3:00 Word Games 4:00 Dear Abby 7:00 WHEEL OF FORTUNE | 10:00 Arthritis Exercise 12 10:30 Horoscopes 11:00 Black Jack 1:00 Mind Boggling Trivia 2:30 Deb Celletti - 1 3:30 Bocce 4:30 Spelling Bee 6:30 Frankie Valley Concert | 10:00 Let's Stretch 13 10:30 Bingo 11:30 Unscramble 1:00 Shopping w/Cindy 2:00 Scrabble 3:00 Wine & Cheese 4:00 Mixed Up Colors 7:00  | 10:00 Sit & Be Fit 14 10:30 News Chat 11:00 Nickels 1:00  1:30 Left Right Center 2:30 Shark Trivia 3:30 Great White Sharks 4:30 ABC Trivia |
| 10:00 Move & Groove 15 10:30 Daily Chronicle 11:00 Parachute Fun 1:00  1:00 Cow Appreciation 2:00 Coffee Social 3:00 Remember the 1970's 4:00 1970's Trivia | 10:00 Sit & Be Fit 16 10:30 Monday Manicures 1:00 Bingo 2:00 Tai Chi Bob - 2 2:00 Discuss & Recall 3:00 Hangman 4:00 Daily Chronicle 6:30 Fireplace Films | 10:00 Move & Groove 17 10:30 Nicolas King - 2 11:30 Sister Betty - 1 1:00 Peach Day Trivia 2:30 Pastor Kevin - 1 3:30 Sweet Peach Treat 4:00 Bocce 6:30 Cards Anyone? | 10:00 Communion 18 11:00 Yoga Mary - 2 11:00 Left Right Center 1:00 Celebrate Ice Cream 2:30 Art History w/Toba - 1 3:30 Bingo 4:30 Riddle Me This 7:30 JEOPARDY! | 10:00 Work Out w/Cindy 19 10:30 News Chat 11:00 1960's Trivia 1:00 Pokeno 2:30 Marc Deschenes - 1 3:30 Bocce 4:30 Afternoon Stretch 6:30 Evening Scrabble | 10:00 Let's Stretch 20 10:30 Current Events 11:00 Nickels 1:00 Shopping w/Cindy 2:00 Scrabble 3:00 Wine & Cheese 4:00 Chromecast Adventures 7:00 WHEEL OF FORTUNE | 10:00 Move & Groove 21 10:30 Bingo 1:00 Trivia Challenge 2:00 Audio Book Club 3:00 Nickels 4:00 Horoscopes 7:00  |
| 10:00 Arthritis Exercise 22 10:30 Sunday Spa Day 1:00 Binao 1:00  2:00 Audio Book Club 3:00 Who Knows???? 4:00 News Chat 6:30 Evening Scrabble | 10:00 Arthritis Exercise 23 10:30 Daily Chronicle 11:00 Black Jack 1:00 Shopping w/Cindy 2:30 Paint Class w/Toba - 2 3:00 Nickels 4:00 Silly Meme Day 7:00 WHEEL OF FORTUNE | 10:00 Forever Fit 24 10:30 What's in a Word? 11:00 Sister Betty - 1 1:00 Amelia Earhart Trivia 2:30 Bob Pippins - 1 3:30 Bocce 4:30 Cool Drinks 7:00  | 10:00 Communion 25 11:00 Yoga Mary - 2 11:00 Jeopardy 1:00 Bingo 2:00 Unscramble 3:00 Charades 4:00 Horoscopes 6:30 Cards Anyone? | 10:00 Let's Exercise 26 10:30 Unscramble 11:00 1950's Trivia 1:00 Resident Council 2:30 Joanie Sherlock - 1 3:30 Bocce 4:30 Are You Smarter... 6:30 Movie Night | 10:00 Move & Groove 27 10:30 Hangman 11:00 Nickels 1:00 Shopping w/Cindy 2:00 Scrabble 3:00 Wine & Cheese 4:00 What's in a Word? 7:30 JEOPARDY! | 10:00 Saturday Stretch 28 10:30 Current Events 11:00 Black Jack 1:00 Movie Matinee 1:00 Left Right Center 2:00 Beach Scrabble 3:00 Never Have I Ever Game 4:00 Mandala Art 7:00  |
| 10:00 Forever Fit 29 10:30 Horoscopes 11:00 Pokeno 1:00 Junk Drawer Detective 2:00 What Comes Next? 3:00 Afternoon Stretch 4:00 Pass It On 6:30 Fireplace Films | 10:00 Feeling Fit Exercise 30 10:30 Wisdom For Living - 2 10:30 Monday Manicures 1:00 Bingo 2:00 Discuss & Recall 3:00 Bocce 4:00 Current Events 7:00  | 10:00 Sit & Be Fit 31 10:30 Hidden Fruits & Veg 11:00 Sister Betty - 1 1:00 Highlands Auction 2:00 Magazine Scavenger Hunt 3:00 ASAP Game 4:00 Nickels 6:30 Cards Anyone? |  <p>July 2018</p> <p> THE HIGHLANDS ON THE EAST SIDE Assisted Living & Memory Care</p> | | | |